

\_"\*Your Health is an investment, not expense\* ."\_

The current COVID-19 pandemic has been felt differently amongst us all. Keeping good health is back in focus. The importance of vitamins in keeping your body healthy and protected can never be reduced. Vitamin D aka the Sunshine Vitamin is one such vitamin you and your family needs to know about. To enhance your knowledge about how Vitamin D helps keep you in a health bliss, we have organised for you all a webinar.

An interactive online session with:                      \*Dr. Priti Nanda Sibal, CEO & Founder Mediskool Health Services Pvt. Ltd.\*

\*TITLE: VITAMIN D AND YOUR GOOD HEALTH\*

Date: 14th August 2021

Day: Saturday

Time:11:00am -12:00 am

Venue: Google Meet App

Link: <https://meet.google.com/hnn-yray-uty>

\_"\*Students, this session is for you and your family. So, don't forget to bring them along. It will be all the more fruitful experience.\*\_"

\*Afterall, each and every family member's health is important for your well-being. This is an awareness initiative by us, as we want you and your family to keep in good health. So, do join in and lets us learn together about how Vitamin D keeps us in a health bliss.\*